

RYE CITY SCHOOL DISTRICT
RYE, NEW YORK

5280.1

ATHLETICS AND PHYSICAL EDUCATION OPT-OUT

A student in grades 11 or 12 who participates in a Rye City School District athletic team or athletic club and who has demonstrated acceptable levels of physical fitness, physical skills, and knowledge of physical education activities may, with parental permission, request to opt out of physical education class for the semester in which they participate in such extra class programs provided the time spent participating in the District athletic team or club is equivalent to the time the student would otherwise be required to spend in physical education class. Opt-out requests must be approved by the Director of Physical Education, Health and Athletics and the High School Principal based upon the Regulations of the Commissioner of Education (“Regulations”). The determination of whether a student seeking to opt-out of physical education class has demonstrated acceptable levels of physical fitness, physical skills, and knowledge of physical education activities, as required by the Regulations, shall be in the sole discretion of the District.

Credit for physical education will be awarded on a pass/fail basis. Once a student’s opt-out request is approved, the student is excused from physical education for the approved semester provided the student remains on the team.

Out-of-District Athletics: The Superintendent at his/her discretion may approve, for physical education credit on a pass/fail basis, out-of-school physical or athletic programs that have been approved in consultation with the Director of Physical Education, Health and Athletics.

Student Conduct: During the time that a student who is approved for opt-out would otherwise have physical education class, the student shall comply with applicable rules for students not assigned to a course during the same period.

Reference: Regulations of the Commissioner of Education 135.4

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