

2015-2016
Application for Opting-Out of Physical Education
For an Out-of-District Sport/Activity
JUNIORS AND SENIORS ONLY

Student Name _____ **Sport** _____

Grade: 11th/12th (circle one) Semester 1st/2nd (circle one) Season: Fall/Winter/Spring (circle one)

- **Application deadline is 10 school days after the start of each semester:**
- First Semester begins September 8, 2015 - Application must be submitted by September 24, 2015
- Second Semester begins February 1, 2016 - Application must be submitted by February 12, 2016

Students who apply to receive credit through participation in an approved out-of-District activity must be involved in a program of sustained and organized vigorous physical activity.

Requirements:

In order to be considered for the Physical Education Opt-Out, the out-of-District activity must:

- Meet a minimum requirement of 120 hours per semester (average of 6 hours per week)
- Be approved by the Director of Physical Education, Health and Athletics and the High School Principal
- Such activities may be taught by non-certified personnel, provided they have appropriate experience and are approved by the Board of Education.

The student must:

Provide a detailed description of the out-of-District activity including the frequency, intensity and duration. Provide evidence of the out-of-District activity, including instructor's qualifications and resume. Resume must be attached to this application.

Maintain the District-approved activity log including attendance to be submitted to and reviewed with their Physical Education teacher on record once each quarter, at least two weeks prior to the end of each marking period.

If at any time you are no longer a participant in an approved out-of-District activity, you must return to physical education IMMEDIATELY. Failure to adhere to this process will lead to disciplinary consequences. By signing this form, the student understands that if they are found loitering in the halls or disrupting the school in any way, they will IMMEDIATELY lose the privilege of opting-out.

I understand that it is my child's responsibility to meet and document the minimum required hours as stated above in order to receive credit for physical education. I understand that if my child fails to complete and document participation in the approved activity, she/he will not receive physical education credit and must make up the physical education credit required to graduate.

Parent Signature/Date _____ Student Signature/Date _____

Physical Education Teacher Signature _____ Date _____

Dir. of Health, PE, and Athletics Signature _____ Date _____

Principal Signature _____ Date _____

Superintendent Signature _____ Date _____